ELIKA RAD MS, RN, ANP-C

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PROFESSIONAL SUMMARY

Highly motivated healthcare leader with over 20 years of exemplary clinical skills and leadership acumen with a passion to leverage the excellence of Advanced Practice Providers to drive positive change, foster growth, and improve operations within health organizations for the delivery of quality patient care. Committed to harvesting knowledge, skills, and experience, to deliver robust and consistent results.

EDUCATION SKILLS

2006	University of California San Francisco, San Francisco, Ca <i>Master of Science (MS),</i> Adult Nurse Practitioner (ANP)	Verbal & Written Communication Relationship Building
2005	American Lung Association California Fellowship in Pulmonary Care	Programmatic Development Quality Improvement Team Development Billing Optimization Problem Solving/Strategy Operational Efficiency
2003	University of California San Francisco, San Francisco, Ca <i>BSN Equivalent/RN</i> (Master's Entry Program in Nursing)	

EXPERIENCE

October 2023 - Present

Lead Advanced Practice Provider Administrative Fellow | Center for Advanced Practice | Stanford Health Care

Multifaceted curriculum to refine leadership and management skills inclusive of communication, hiring, evaluation, counseling, termination, budgeting, resource planning, agenda setting and meeting facilitation, software competencies (Tableau, Smartsheet, MS Teams, Box), and process improvement. Immersed in operational leadership and professional development of Advanced Practice Providers (APPs) through mentorship, advocacy, and knowledge of standards of practice at the organizational and regulatory levels. Collaborating with programmatic, operational, physician and executive leaders on a variety of Center for Advanced Practice and organization-wide initiatives.

Leadership Highlights:

- Leading a cross-functional CMS Documentation and Training Workgroup for implementation of the 2024 split/shared billing changes. Team includes members from Compliance, Revenue Cycle and Billing Integrity, Coding, Technology and Digital Services (TDS), as well as APP and physician partner leaders. Instrumental in developing new organizational-wide guidelines and documentation attestations, training materials, as well as facilitation of training sessions to socialize organization change, while partnering with subject matter expert groups to problem solve or escalate issues to the steering committee.
- Chair of the APP Student Preceptor Taskforce, leading a cross departmental multidisciplinary group of APPs and nurses using evidenced based practice and Lean Six Sigma principles to improve the process of graduate student to APP matching in support of precepting the next generation of the APP workforce.
- Facilitation of weekly Workforce Planning Committee meetings through understanding of team-based care and business models, to ensure proactive management of new and replacement APP FTE requests to optimize and standardize the role of Advanced Practice Providers at SHC per national benchmarks.
- Acting manager of 5 clinical APP fellows as of April 2024.

- Leading monthly APP onboarding for new hires, in collaboration with Stanford Children's Health leaders.
- Collaborating on quarterly new leader onboarding for clinical APPs transitioning to leadership roles.
- Co-facilitating quarterly mentorship sessions and serving as clinical mentor for newly hired APPs at Stanford Health Care.

July 2008 - September 2023

APP IV: Nurse Practitioner | Chest Clinic: Adult Cystic Fibrosis Program | Stanford Health Care

Delivery of high quality, comprehensive medical care for acute and chronic multiorgan disease manifestations of cystic fibrosis patients in collaboration with multi-disciplinary and specialty teams in the inpatient and ambulatory settings, with special interest in advanced genetic diagnostics, high risk acute pulmonary complications, gastrointestinal manifestations, difficult to treat infectious diseases, high risk medication monitoring, and end of life care. Crosstrained in general pulmonary, pre- and post-heart/lung transplant medicine, and Interstitial Lung Disease (ILD).

Leadership Highlights:

- Instrumental in establishment and growth of the Adult Cystic Fibrosis Center since inception in 2008.
- Implemented numerous protocols and workflows for streamlined patient care management and interprofessional communication.
- In partnership with APP leadership, advocated for APP top of license practice into the clinical care model, leading to increased patient access to care.
- Led the implementation of best practices for telemedicine in the care of Cystic Fibrosis patients during the Covid-19 pandemic, resulting in publication.
- Key consultant on quality improvement project to streamline CF patient discharge planning, leading to decreased length of stay from 7.6 to 6 days, leading to development of clinical pathway for standardized care delivery.
- Spearheaded training and education of new hire APPs, and Pulmonary Critical Care Medicine fellows.

July 2003 - July 2008

Staff Nurse IV | Intermediate ICU D2/D3 | Stanford Hospital & Clinics

Delivered high quality nursing care to critically ill patients with range of diagnoses to include post-surgical cardiac, thoracic, vascular, heart and lung transplant patients as well as trauma and medicine overflow with cardiac monitoring needs. Ensured patient safety by following all safety protocols and procedures.

Leadership Highlights:

- Involved in a variety of unit and hospital-based projects/committees including Diabetic committee, Magnet committee and various on-unit in-services.
- Mentored student nurses and new graduate RNs.
- Trained in leadership role as Charge/Resource Nurse.

LICENSURE & CERTIFICATIONS

2024 Lean Six Sigma Green Belt for Healthcare – Emory University

2007 to present Adult Nurse Practitioner License, California
 2009 to present Nurse Practitioner Furnishing License, California

2003 to present Controlled Substance Registration Certificate, Drug Enforcement Administration

2003 to present Registered Nurse, Board of Registered Nursing - California
2023 to present ACLS/BLS, Board of Registered Nursing - California

2011 Adult Nurse Practitioner Certification – American Academy of Nurse Practitioners (AANP)

PROFESSIONAL AFFILIATIONS

2024 American College of Healthcare Executives (ACHE) – Member 2003 to present American Association of Nurse Practitioners (AANP) – Member

2023 to present Association of Pulmonary Advanced Practice Providers (APAPP) - Member

COMMITTEES & PROJECTS

01/2024 to pre	esent	Advanced Practice Provider (APP) Week Committee – <i>Co-Chair</i>
12/2023 to pre	esent	Advanced Practice Provider Student Preceptor Taskforce - Chair
12/2023 to 3/2	2024	Inaugural Norouz "New Year" Celebration, collaboration with AAPIA ERG – Co-Chair
11/2023 to pre	esent	CMS Team-Based Care Documentation & Training Workgroup – Co-Chair
2/2023 to 4/20	023	PC-PEP QI: Screening & Management of Cystic Fibrosis Related Bone Disease - Member
5/2022 to 2/20	024	Stanford/LPCH Grand Rounds Committee – Interim Co-Chair
9/2021 to 12/2	2023	APP SHINE Scholarship Committee – <i>Chair</i>
9/2019 to 9/20	021	Stanford/LPCH Grand Rounds Committee – Co-Chair
9/2019 to 9/20	021	APP SHINE Scholarship Committee - Member
5/2018 to 6/20	019	Radiology Improvement Team Education (RITE) – Cohort 10 Decreasing Lung Transplant LOS
2018 to 2019		Provider EPIC Superuser Network APP Committee – <i>Chair</i>
2018 to 2019		Stanford Advanced Practice Provider General Council Co-Chair
2017 to 2018		Stanford Advanced Practice Provider General Council Co-Chair Elect
2017 to 2020		Provider EPIC Superuser Network – <i>Member</i>
2017 to 2019		Stanford/LPCH Grand Rounds Committee – <i>Member</i>
2017 to 2018		Stanford Advanced Practice Provider General Counsel– Chair elect
2015 to 2019		SHC Ambulatory/UHA/Cancer Center Superuser Network - Member
2015 to 2017		Stanford Advanced Practice Provider General Counsel – Member
2015 to 2017		Optimizing Discharge: Decreased CF Patient Length of Stay (LOS) – Consultant

SPEAKING ENGAGEMENTS

7/2024	APP Grand Rounds – "Leading Change with Heart: Nurturing Core Skills to Inspire and Guide Teams"
772024	Stanford Medicine Health Care – Stanford, CA
6/2024	PAHC IV M.S. in PA Studies course – "Building Bridges: Leveraging Mentorship in Your Career"
	Stanford School of Medicine – Stanford, CA
2018-2024	Annual MSPA Course: Principles of Clinical Medicine
	Stanford School of Medicine – Stanford, CA
2020-2023	Annual Pulmonary Consultant for Adult Gerontology Primary Care: Complex Health Problems Course
	UCSF School of Nursing Master's Program – San Francisco CA
1/2020	Estradiol and Pseudomonas Mucoidy: Overview of an Original Paper
	Adult CF Journal Club – Stanford CA
10/2018	Collaborative Approach to GI Management of the Cystic Fibrosis Patient – Moderator
	North American Cystic Fibrosis Conference (NACFC) – Denver, CO
10/2017	Distal Intestinal Obstruction Syndrome Roundtable Speaker and CF Pulmonary Emergencies Moderator
	North American Cystic Fibrosis Conference (NACFC) – Indianapolis, IN
10/2015	Moderator for Caregiver session: Anxiety and Depression
	North American Cystic Fibrosis Conference (NACFC) – Phoenix, AZ
9/2015	COPD: Diagnosis and Management.
	Topics in Acute and Ambulatory Care for Advanced Practice Providers – Stanford Health Care
2014-2015	Acute Nursing Care of the Adult CF Patient
	Nursing Symposium & orientation – Stanford Health Care
10/2014	When Your Patient Says "No" to Transplant.
	North American Cystic Fibrosis Conference (NACFC) – Atlanta, GA
10/2014	Evaluation of Dyspnea.
	APP Topics in Acute and Ambulatory Care – Stanford Healthcare
3/2014	Non-Tuberculosis Mycobacterium (NTM) in Cystic Fibrosis.
	Stanford CF Education Day – Stanford, CA
3/2013	Distal Intestinal Obstruction Syndrome (DIOS).
	Stanford CF Education Day – Stanford, CA

PUBLICATIONS

Rad EJ, Mirza AA, Chhatwani L, Purington N, Mohabir PK. Cystic fibrosis telemedicine in the era of COVID-19. *JAMIA Open*, Volume 5, Issue 1, April 2022, ooac005, https://doi.org/10.1093/jamiaopen/ooac005.

Mirza AA, **Rad EJ**, Mohabir PK. Cystic fibrosis and COVID-19: Care considerations. *Respiratory Medicine Case Reports*. 2020; 31: 101226. https://doi-org.laneproxy.stanford.edu/10.1016/j.rmcr.2020.101226

Sher Y, **Rad E**, Stroebe M., Mohabir P, et al. Edited by Georgiopoulos A, Stern T, et al. Which Tests and Procedures Assess, Monitor and Treat My CF? *Facing Cystic Fibrosis: A Guide for Patients and Their Families*. The Massachusetts General Hospital Psychiatry Academy. 2019: 29–44.

Marmor M, Jonas A, Mirza A, **Rad E**, Wong H, Aslakson R. Opportunities to Improve Utilization of Palliative Care Among Adults with Cystic Fibrosis: A Systematic Review *Journal of Pain and Symptoms Management*. 2019; 58 (6): 1100-1112.e1

Reicher JJ, Mohabir P, **Rad E,** Gayer G. Increased prevalence of tracheal diverticula in cystic fibrosis patients. *Br J Radiol 2016*; 89: 20150694.

AWARDS

July 2024	Ed Kinney Award – Service & Dedication to the Cystic Fibrosis Community
	The Living Breath Foundation
Sept 2023	Inaugural APP Professional Excellence Project (PEP) Award
	Center for Advanced Practice - Stanford Health Care
Sept 2023	Nominee – Clinical Advanced Practice Provider (APP) of the Year Award
	Center for Advanced Practice – Stanford Health Care
Oct 2018	Outstanding Contribution and Achievement Award
	Stanford Health Care – Adult Cystic Fibrosis Program
Oct 2018	Nurse Spotlight – Friends of Nursing Grant
	Stanford Health Care
May 2018	Friends of Nursing Evidenced Based Practice & Quality Improvement Grant
	Stanford Health Care – APP Grand Rounds Committee
Sept 2014	Nominee – Inaugural Advanced Practice Provider (APP) of the Year Award
	Stanford Health Care – Center for Advanced Practice
Sept 2001	Outstanding Performance Award
	UCSF School of Medicine Cardiovascular Research Institute (CVRI) – Asthma Clinical Research Center
1998, 1999	Community Dedication Award
	UC Davis - Iranian Student Cultural & Aesthetic Organization (ISCAO)